

1 Kcal.668Hc.68Lip.31Prot.32 2 kcal. 171 Hc.105 Lip.22 Prot. 27				
		Fiesta		Fiesta
		Not School		Not School
5 Kcal.697 Hc.97 Lip.20 Prot 35	6 Kcal.844 Hc.126 Lip.30Prot.21	7 Kcal.694 Hc.107 Lip.19 Prot.28	8 Kcal. 636 Hc.83Lip.17 Prot.41	9 Kcal.0 Hc.0Lip.0 Prot.0
Arroz con Tomate Rice with tomato sauce	Garbanzos estofados Chickpeas stew	Canelones de Atún Tuna canelloni	Alubias pintas Pinto bean stew	Caracolillos napolitana Macaroni napolitana
Hamburguesa con ketchup y patatas fritas Hamburger with ketchup and french fries	Croquetas caseras con ensalada Homemade croquettes with salad	Salchichas con ensalada Sausages with salad	Pollo al horno con ensalada Baked chicken with salad	Salmón con mahonesa y patatas Salmon with mayonnaise and potatoes
Fruta Fruit	Fruta Fruit	Actimel Actimel	Fruta Fruit	Yogur Diary
12 Kcal650 Hc105 Lip12 Prot35	13 Kcal.739 Hc.102 Lip.18 Prot.47	14 Kcal802 Hc 103 Lp23 Prt50	15 Kcal.890Hc.119Lip.40Prot29	16 Kcal615Hc.73Lip.24Prot26
Lasagna de carne Meat lasagna	Sopa de ave maravilla Noodle soup	Ensalada de arroz Rice salad	Puré de verdura Creamed vegetables	Cocido Montañés Mountain stew
Alitas de pollo barbacoa con aros de cebolla Chicken wings with onion rings	Ragout de cerdo con verduras Pork stew with vegetables and french fries	Tortilla de patata casera con ketchup Spanish omelette with ketchup	Emperador con patata al horno Baked emperor with potatoes	Ternera IGP Cantabria Beef stew with vegetables eusko label
Fruta Fruit	Fruta Fruit	Natillas Custard	Fruta Fruit	Yogur Diary
19 kcal.831Hc.103 Lip.29 Prot.45	20 Kcal. 680Hc.80 Lip.30Prot.25	21 kcal703 Hc102 Lip22 Prot.26	22 Kcal621 Hc86 Lip9 Prot.28	23 Kcal783 Hc102 Lip26 Prot.39
Spaguetti bolognesa Spagetti bolognesa	Patatas con carne Meat and potatoes stew	Arroz con tomate White with tomato sauce	Negritos con arroz Black bean stew with rice	Día de la Buena madre
Lomo con pimientos Pork loin with red peppers	Filete de merluza con champiñones Hake with mushrooms sauce	Pizza Pizza	Croquetas caseras con ensalada Homemade croquettes with salad	Special menu
Fruta Fruit	Yogur Diary	Flan Vainilla Vanilla cream caramel	Fruta Fruit	
26 kcal0 Hc. 0 Lip.0 Prot.0	27 kcal.02Hc.0 Lip.30 Prot.0	28 Kcal.0Hc. 0 Lip.21Prot.33	29 kcal 0Hc. 0 Lip. 0 Prot.0	30 kcal 0Hc. 0 Lip. 0 Prot.0
Paella mixta Rice with vegetables	Alubias pintas con verdura Pinto bean stew	Sopa maravilla Noodle soup	Macarrones con tomate y atún Macaroni with tomato and tuna	Garbanzos ecológicos Ecological chickpeas
Pollo asado con patata gajo Baked chicken with spicy potatoes	Tortilla de patata casera con ensalada Spanish omelette with salad	Crep de bacon y champiñón con empanadillas de atún Bacon and mushroom crep with tuna small pie	Salchichas de pollo al horno con patatas fritas Chicken sausages with french fries	Croquetas caseras de atún Homemade tuna croquettes
Fruta Fruit	Fruta Fruit	Cuajada Custard	Fruta Fruit	Yogur Diary